



STAY SAFE IN THE SNOW



Wear appropriate gear for your activity



Check the weather forecast and avalanche bulletin regularly



Get relevant training. Consider hiring a mountain guide if you're skiing off piste



Don't mix alcohol and winter sports, you could put your life or those around you in danger



Watch your speed, distance and be aware of your surroundings to avoid a collision

IN AN EXTREME EMERGENCY DIAL **112**



Search for winter sports on [gov.uk](https://www.gov.uk)
🐦 @FCOtravel 📘 FCOtravel

#SkiSafe

